



# 4-5 YEARS

## MOTOR

## SELF-CARE & FEEDING

4-4.5  
YEARS

COLORS WITHIN THE LINES  
USES ADULT-LIKE PENCIL GRASP  
DRAWS CIRCLES, SQUARES, AND  
ATTEMPTS A PERSON  
COPIES SOME NUMBERS/LETTERS  
COMPLETES PUZZLES UP TO 10 PIECES

REMOVES PULLOVER GARMENT  
BUCKLES SHOES AND BELT  
ENGAGES AND ZIPS ZIPPER  
PUTS ON SHOES AND SOCKS ON  
CORRECT FOOT  
REQUIRES SUPERVISION FOR BRUSHING  
TEETH, BATHING, AND GROOMING  
INDEPENDENT WITH TOILETING AND  
WASHING HANDS

4.5-5  
YEARS

BEGINS COPYING SOME CAPITAL LETTERS  
CUTS COMPLEX SHAPES WITH SCISSORS  
COPIES A CROSS, DIAGONAL LINES, A  
SQUARE  
BEGINS TO COPY NAME  
DRAWS A STICK FIGURE

INDEPENDENT WITH DRESSING  
ABLE TO WEAVE BELT THROUGH  
BELT LOOPS  
BEGINS TO SHOW INTEREST IN TYING  
AND UNTYING SHOES  
ENJOYS CHOOSING THEIR OWN  
CLOTHES  
SHOWS INCREASED INDEPENDENCE  
WITH GROOMING BUT MAY NEED  
CUES FOR THOROUGHNESS