



2-3 YEARS

MOTOR

SELF-CARE & FEEDING

2-2.5
YEARS

IMITATES VERTICAL, HORIZONTAL, AND
CIRCULAR MARKS
COMPLETES 3-PIECE INSERT PUZZLE
HOLDS AND SNIPS WITH SCISSORS
USES A DIGITAL PRONATE GRASP ON A
WRITING UTENSIL
IMITATES DRAWING HORIZONTAL AND
VERTICAL LINES
BUILDS SMALL BLOCK TOWERS

GOOD USE OF SPOON
BEGINNING TO USE FORK
ABLE TO REMOVE COAT WHEN
UNFASTENED
HELPS PULL DOWN PANTS
PARTICIPATES IN BATHING SELF
MAY SEE SOME RESISTANCE TO
GROOMING
BEGINS TO SHOW INTEREST IN
TOILETING

2.5-3
YEARS

GOES UP AND DOWN SMALL SLIDE
CUTS ACROSS A 6 INCH PIECE OF PAPER
STRINGS LARGE BEADS
ADJUSTS PLAY TO THE SITUATION (ACTIVE
VS. STRUCTURED)
IS ABLE TO PARTICIPATE IN SIMPLE
GROUP ACTIVITIES

PROFICIENTLY USES A FORK
PULLS DOWN PANTS WITH AN ELASTIC
WAISTBAND
HELPS WITH PUTTING ON SOCKS,
COAT, AND SHIRT
UNBUTTONS LARGE BUTTONS
WASHES HANDS INDEPENDENTLY
INDICATES NEED TO GO TO THE
BATHROOM
CAN WIPE AFTER URINATING